

Autumn/Winter 2020

"Together, we can help everyone through this difficult time"

Our **NEW**
timetable across
all parts of town
- effective from
week beginning
5th October 2020.

Southport Foodbank

Tuesday 12-2pm St Simon's, High Park. PR9 7BQ

Tuesday 1-3pm St Peter's, Birkdale. PR8 4BY

Wednesday 1-3pm SNR Baptist Church, Town Centre, PR8 6PU

Thursday 1-3pm Ainsdale Methodist Church, PR8 3NQ

Thursday 3.30-5.30pm Salvation Army, Shakespeare St, PR8 5AJ

Friday 1-3pm Lakeside Church, PR9 0LA

Saturday 10-11.30am Family Life Centre, Ash Street, PR8 6JH

Foodbank is for people in emergency food crisis. Before you come along get an e-voucher from an agency such as: Sefton Council, Job Centre, School or health visitors or if you can't reach an agency, text 07526 897384 and we'll arrange a personal telephone assessment.

Email foodbank@compassionacts.uk

Advice & Support

Struggling with Debt? Need help to navigate the Benefit System?

Need to chat and receive reassurance?

Text: 07526 897384

It is open to anyone.

Southport Food Pantry

Tuesdays, Grace Centre, Princes Street, PR8 1HU

Thursdays, Bishop David Sheppard School, PR9 7BZ

A weekly food club for the 'just about managing' costs £5 per week. By referral only. Want to refer someone?

www.compassionacts.uk/pantry

or email:

welfareadvice@compassionacts.uk

Compassion Acts: Supporting people in need through Southport Foodbank, debt & welfare advice, Food Pantry and more. (01704)264505

www.compassionacts.uk Facebook: @compassionacts Twitter: @compassionacts1
Registered Charity Number: 1172948