

Summer Support Information

The School Office number is 01704 565121.

For **School Health**, please call Hampton Road Clinic on 01704 385125.

Alder Hey CAMHS Crisis Care Team - 24 hours a day, seven days a week – 0151 293 3577 or free phone 0808 196 3550

If you are worried that a child may be suffering significant harm, or if you are concerned that a child has suffered harm, neglect or abuse, please follow the advice below:

Members of the public can:

- Call *0345 140 0845* between 8am and 6pm (minicom 0151 934 4657).
- Contact the emergency duty team on *0151 934 3555* for urgent advice outside of office hours (from 5.30pm Mon to Thurs, and 4pm Friday and weekends).

If you think a child is in immediate danger please call the Police.

Free Counselling Services:

This is a free service for counselling and is open to children and young people all summer.

The self-referrals links are below and can be used throughout the summer holidays and all year round:

Young person to refer themselves.
<https://mailchi.mp/snow-camp/i-want-to-chat>

Parents to refer their child
<https://mailchi.mp/snow-camp/referrals>

Qwell - online emotional well-being and mental health support

An online mental health forum for any aged 26+ who needs support with their emotional wellbeing. When you log onto Qwell you are given access to chat to a trained Qwell counsellor, track your emotions through journals, gain support from an online community and read about self-help tips and topics through Qwell's magazine articles. www.qwell.io